

FOOT NOTES

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Sustain-NW

SOUTHWEST WASHINGTON SUSTAINABILITY CONFERENCE
TRADE SHOW & GREENFEST JULY 10-12, 2008 VANCOUVER



www.cityofvancouver.us/conference

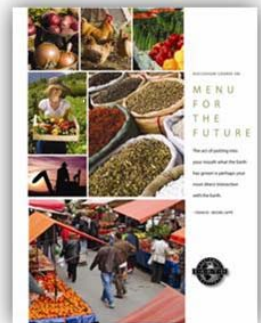
Join professionals, key decision makers and leaders dedicated to the region's social, economic and environmental sustainability at this important two-day conference designed to provoke thought, solutions and action. Free public event on Saturday.

For more information and to register, see www.cityofvancouver.us/conference

Did you know that you can **reduce the power usage for your computer** simply by taking a few steps to set it up properly? Here are a few suggestions:



Check out the Northwest Earth Institute's latest discussion course: **Menu for the Future**, a six-session course exploring the connection between food and sustainability.



- 1) **Remove as many applications as possible from the lower right-hand tray**; they are continually running in the background even when you're not using them.
- 2) **Check to see that the Energy Star-Monitor Power function is enabled** by right-clicking on your Desktop, selecting the Screen Saver tab, clicking on the Power button and in Power Schemes, put in a reasonable setting for Turn off monitor (e.g. after 20 minutes). You just need to hit any key to restore the monitor when needed.
- 3) **Close any applications when you're finished using them** instead of leaving everything open and running all day long.
- 4) **Turn off your computer and power it down** completely at night and whenever you won't be using it for several hours.

 **Thoughts for reducing our collective eco-footprint**